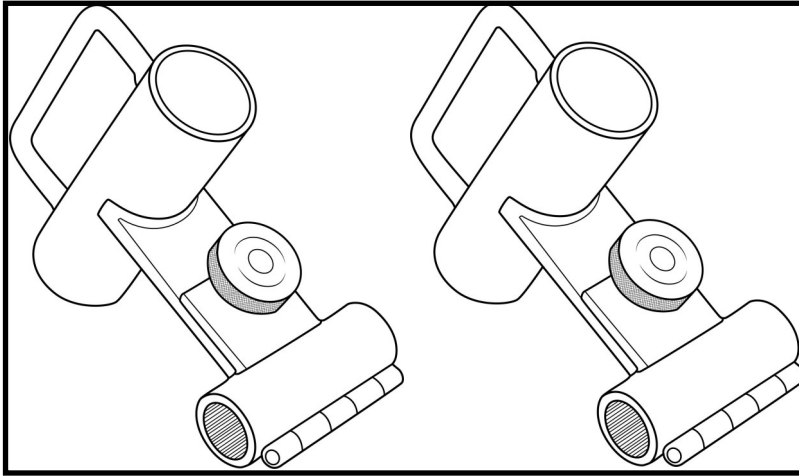


Operating Instructions

Dumbbell-Barbell Adapters

Congratulations on your purchase of this fine Ironmaster product. Be sure to read and understand the operating instructions to achieve the best performance and avoid injury.



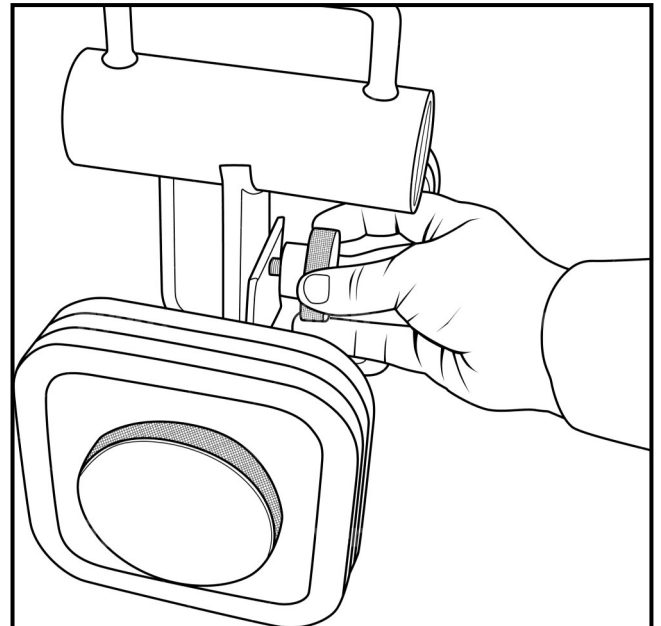
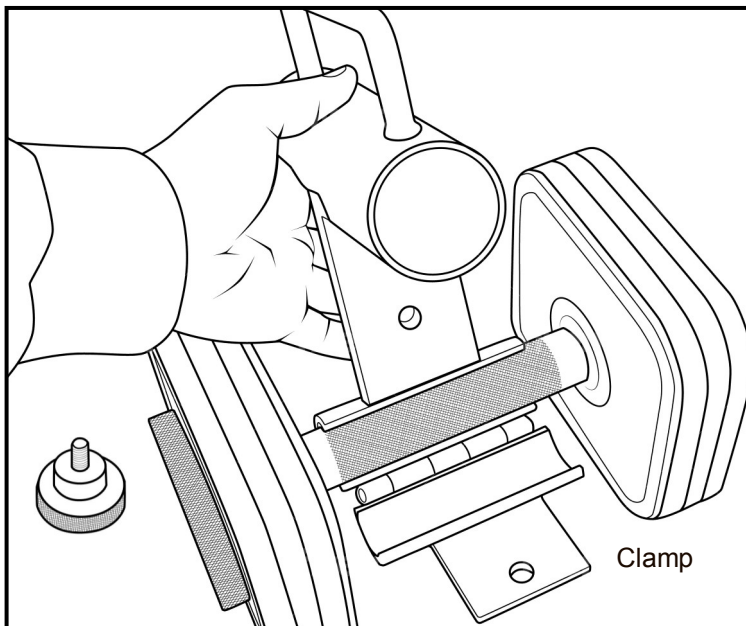
CONTENTS:

2x Barbell Adaptor

2x Knob

This device is designed to connect dumbbells to Olympic barbells, IM2000 or other equipment that a dumbbell weight can hang on the plate holder.

Use with dumbbells alone or use in conjunction with Olympic weight plates to increase your load.

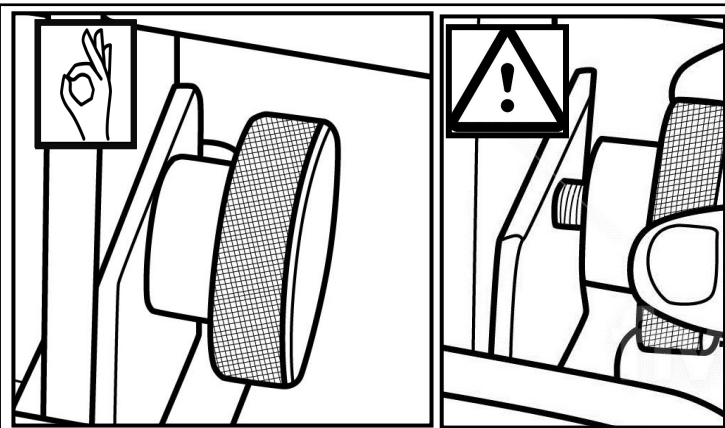
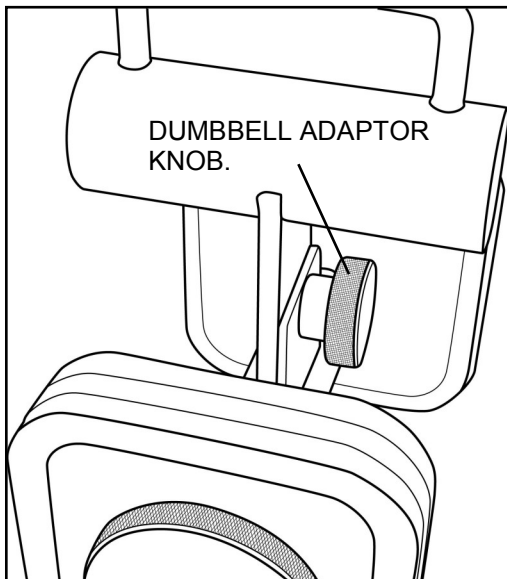


Assembly: No assembly required, but you will need to be sure the chrome knobs are installed for use.

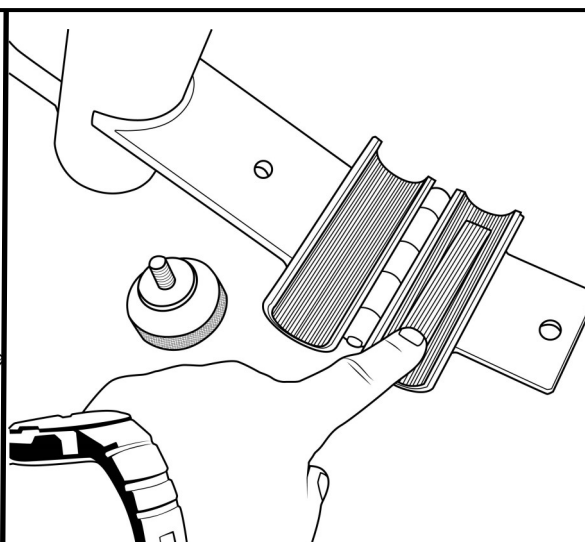
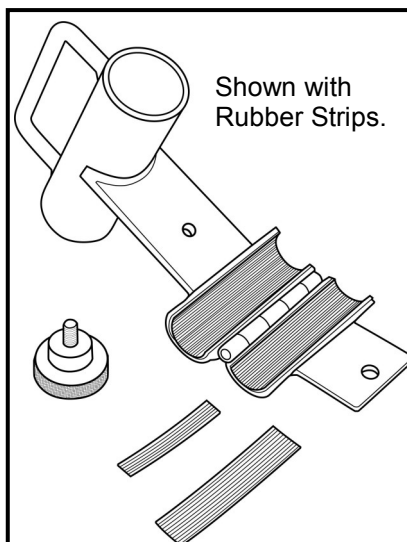
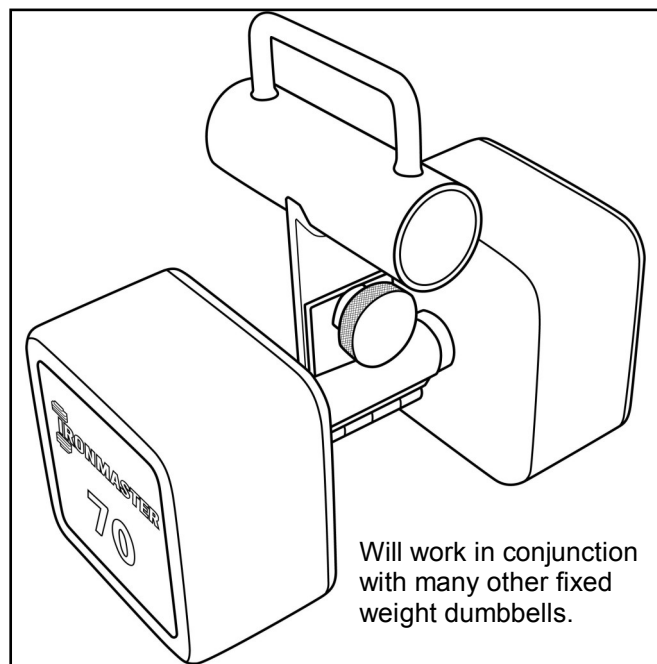
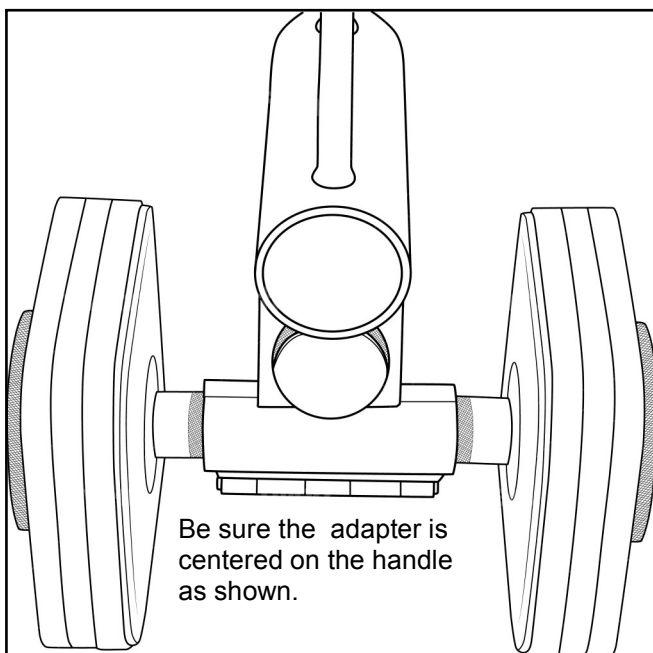
Operation: Remove the KNOB, open the hinge and center the clamp over the dumbbell handle. Make sure it is centered, close the hinge clamp and screw in the KNOB. Tighten the knob until the clamp closes completely. (Do not over-tighten the knob it is not necessary).

Notes:

- Weight of each adapter is 5 lbs. For example, a 40 lb dumbbell as shown above will weigh 45 lbs total.
- Max dumbbell load rating is 185 lbs.
- Do not drop the barbell while using the adapters. They are not designed for dropping like bumper plates.
- The adapters are primarily designed for the Ironmaster Quick-Lock Dumbbells that have a 1.25" diameter handle. They may also work with many other dumbbells. Clamp width is 4.5". Use the provided spacer kit to fit down to 1.0" diameter handles. See page 3 for details on spacers.
- **Do not use the adapters if the hinge clamp cannot close completely and the knob is not fully tightened.**
- Handle on the adapter is to help load the weight onto a bar. It is not intended as an exercise grip.
- Not intended for exercises that can make the dumbbell swing.

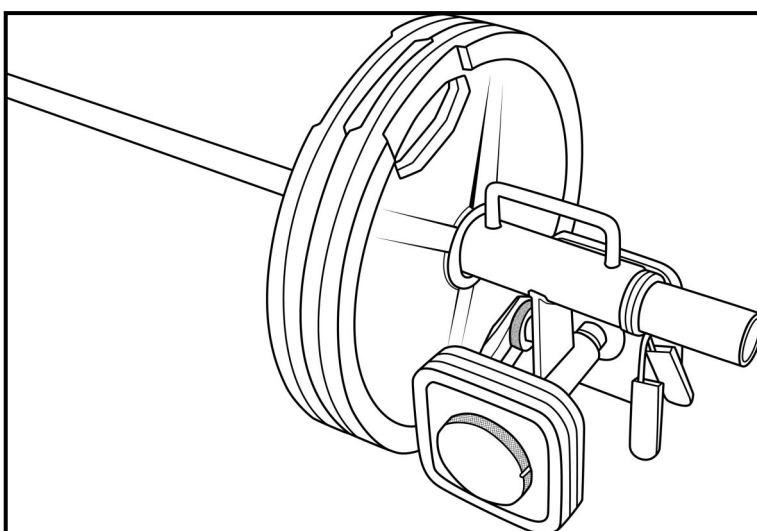
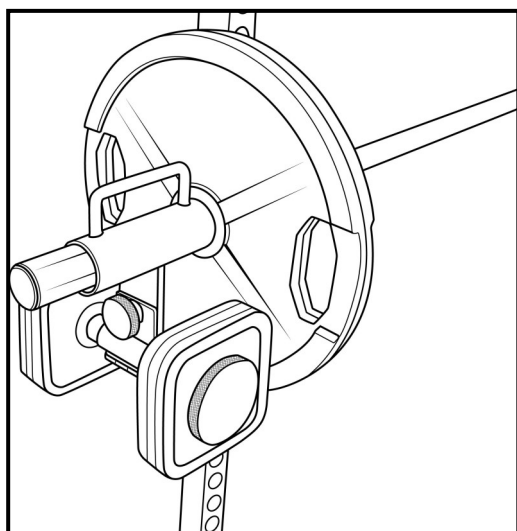
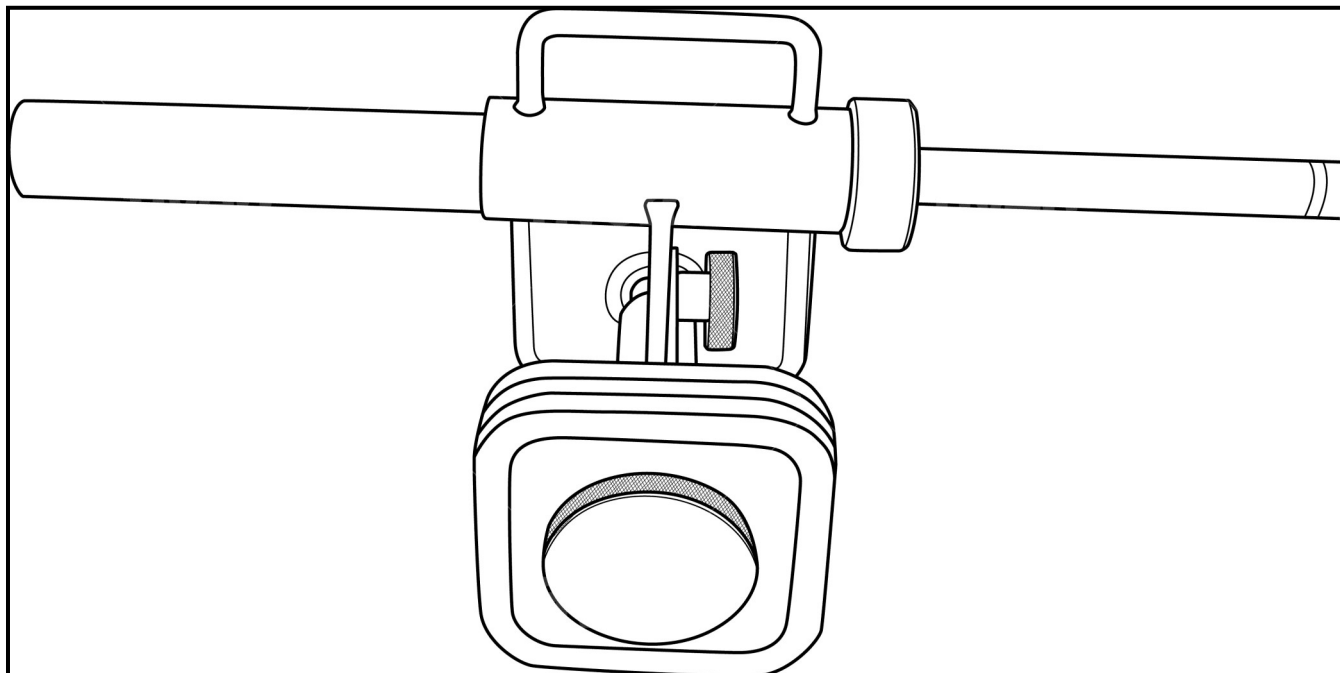


WARNING: KNOB must be tightened correctly for safe operation. If KNOB fails to tighten properly for any reason (shown upper right), **immediately discontinue use and contact Ironmaster for support.**



You can apply one or both of the rubber strips on one side of the clamp if your dumbbells have a smaller handle diameter.

It is not necessary for the clamp to fit very tight on the handle, but it is recommended to fit snug enough so the adapter does not easily rotate/become unbalance once KNOB is tightened.



Use the adapter to add weight to your barbell setup in various ways as shown above.

For further details regarding this product, operation, tutorials and video links, please visit our website www.ironmaster.com

Warranty Information:

Ironmaster warrants to the original purchaser that this Home Fitness Product will be free from defects in workmanship and materials for a specific period from date of purchase based on the part type listed below. During the warranty period, Ironmaster will either repair or replace, at its option, defective part(s) at no charge. Warranty covers in-home use only.

1 year for normal wear items such as rubber, upholstered parts and surface finishes.

10 years for frame and structural components.

Shipping costs are not included in the warranty and some items may need to be sent to Ironmaster for repair or replacement. Installation of any parts and labor involved is not included. The warranties described above shall be the sole and exclusive remedy available to the purchaser. Correction of defects, in the manner and for the period of time described above, shall constitute complete fulfillment of all liabilities and responsibilities of Ironmaster to the purchaser with respect to the product, and shall constitute full satisfaction of all claims, whether based on contract negligence, strict liability or otherwise. In no event shall Ironmaster be liable or in any other way responsible for damages or defects in the product which were caused by repairs or attempted repairs performed by anyone other than Ironmaster or Authorized Service Contractor. This warranty shall not apply if the defect was caused by misuse, neglect or normal wear and tear of the product purchased. Nor shall Ironmaster be liable or in any way responsible for any incidental or consequential economic or property damage. Some states do not allow the exclusion of incidental or consequential damage, so the above exclusion may not apply to you.